















Allergen Matrix – Last Updated February 2026

															
Item No.	Item Name	Cereals containing Gluten	Soya	Egg	Milk	Tree Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
0010	The Bagel Platter – Assorted	YES	NO	YES	YES	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO
0011	Smoked Salmon & Cream Cheese	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO
0012	Prosciutto & Parmesan	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
0013	Mediterranean Vegetables & Feta	YES	NO	NO	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
0014	Tuna Salad	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO
0030	Yoghurt & Granola - Assorted	YES	YES	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO
0031	Black Cherry & Dark Chocolate	YES	YES	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
0032	Wild Blueberry & White Chocolate	YES	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
0033	Apricot & Almond	YES	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO
0034	Strawberry & Chocolate	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
0040	Seasonal Fruit Cups	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
0050	Vegan Platter	YES	NO	NO	NO	YES	YES	NO	NO	YES	NO	NO	NO	NO	NO
0060	Crudité's Platter	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
0070	Charcuterie Platter	YES	YES	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO
0080	Dessert Platter	YES	YES	YES	YES	YES	NO	NO	NO	NO	NO	NO	MAY CONTAIN	NO	NO
0090	The Classic One	YES	NO	NO	YES	MAY CONTAIN	YES	NO	MAY CONTAIN	MAY CONTAIN	NO	NO	MAY CONTAIN	NO	NO
0110	The Sweet Retreat*	YES	YES	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO

*The chocolate in 'The Sweet Retreat' may contain traces of ALL allergens

Please Note: Our grazing boxes and tables are prepared in a kitchen that handles all 14 major allergens. While every effort is made to prevent cross-contamination, we cannot guarantee that any product is entirely free from allergens. Please inform us of any dietary requirements when placing your order.